

HYPOGLYCAEMIA

LOW Blood Glucose Level

Signs and Symptoms

Symptoms may not always be obvious

DO NOT leave student UNATTENDED
DO NOT delay TREATMENT

Student conscious & cooperative
(Able to eat hypo food)

Hypo Treatment or Fast Acting Carb:
(as supplied or listed on management plan)

Recheck BGL after 15 mins
If BGL repeat fast acting carb

Parent / Guardians Name:

Contact No:

Student unconscious /drowsy
(Risk of choking/ unable to swallow)

First Aid - Place student on their side.
Stay with unconscious student

Call an Ambulance Dial 000

Contact Parent or Guardian when safe to do so

2018 Diabetes School Action Plan

Management Type: **INJECTIONS**

[to be used in conjunction with management plan]

Student Name:

School:

Click to place photograph here

Insulin is taken multiple times a day.
An injection will be taken at school:

yes
no

This injection requires:

independently
with supervision
student unable

Injection will be done in:

room/location

Routine BGL checking times

- Anytime, anywhere in the school
- Prior to lunch and other times as per management plan
- Any time hypo is suspected or student feels unwell
- Prior to activity
- Prior to exams or tests

HYPERGLYCAEMIA

HIGH Blood Glucose Level
(HIGH BGLs are not uncommon)

Signs and Symptoms

There may be no signs and symptoms

Student Well
Re-check BGL in 2 hours

Encourage student to drink water & return to class

In 2 hours, if BGL still call parent/guardian for advice

Student Unwell
(e.g. vomiting)

Contact Parent/Guardian
to collect student ASAP

Date:

Hospital:

Treating DNE:

Contact No: