

# HYPOGLYCAEMIA

**LOW** Blood Glucose Level

## Signs and Symptoms

*Symptoms may not always be obvious*

**DO NOT leave student UNATTENDED  
DO NOT delay TREATMENT**

**Student conscious & cooperative**  
(Able to eat hypo food)

**Hypo Treatment or Fast Acting Carb:**  
(as supplied or listed on management plan)

**Recheck BGL after 15 mins**

If BGL repeat fast acting carb

**Student unconscious / drowsy**  
(Risk of choking/ unable to swallow)

**First Aid - Place student on their side**  
Stay with unconscious student

**Call an Ambulance Dial 000**

**Contact Parent or Guardian** when safe to do so

Parent / Guardians Name: .....

Contact No: .....

# 2016 Diabetes School Action Plan

Management Type: **INSULIN PUMP**

[to be used in conjunction with management plan]

Click to place photograph here

Student Name: .....

School: .....

The insulin pump continually delivers insulin.

Plus, the pump will deliver insulin based on carb and BGL.

All BGL results must be entered into pump.

Student able to button push:

*independently*

*with supervision*

*with assistance*

## Routine BGL checking times

- Anytime, anywhere in the school
- Prior to lunch and other times as per management plan
- Any time hypo is suspected or student feels unwell
- Prior to physical activity
- Prior to exams or tests

# HYPERGLYCAEMIA

**HIGH** Blood Glucose Level  
*HIGH BGLs are not uncommon*

## Signs and Symptoms

*There may be no signs and symptoms*

**Student Well**  
(Re-check BGL in 2 hours)

**Encourage oral fluids, return to class**  
(1-2 glasses water per hour)

In 2 hours, if BGL still .....  
call parent/guardian for advice

**Student Unwell**  
(e.g. vomiting)

**Contact Parent/Guardian**  
to collect student ASAP

Date: .....

Hospital: .....

Treating DNE: .....

Contact No: .....